Kings Worthy Primary School

E-Safety Session – Parents
Sue Savory

- What are you concerns about your children going online?

Objectives of this session

The aim of this session is for you to understand:

– Understanding the technologies and the vocabulary associated so that we can talk to our young people

– Cyberbullying; what it is, how to prevent it and how to report it.

– How to keep children safe online

Is using the Computer Risky?

- Is crossing the road risky?
- Going to school for the first time on your own risky?
- Going to stay with a friend?

Statistics from the BBC February 2015

- More than half of children in the UK (57%) have done something "risky" or anti-social online, a poll of 2,000 11- to 16-year-olds suggests.

- Almost two-thirds (62%) told the BBC Learning poll they felt under pressure from others to act in this way.

- Activities included sharing unsuitable videos or pictures of themselves or saying nasty things about others and looking at unsuitable websites.

- Some 20% said they had put pressure on someone else to act negatively online

Media use among 3 -4 year olds

- Over one in three 3-4 year-olds use the internet
  - 37% use the internet via a PC, laptop or netbook
  - 6% via a tablet computer
  - 3% via a mobile phone
  - 2% use a games console or games player to go online
  - 44% use a games console or player and 9% use a tablet computer (including the 6% who use this to go online).

What are our kids doing online?

Highlights from the Ofcom 2014 Report study:

- **Hours spent online**
- 5-7's – 7.2 hours a week
- 8-11's – 10.5 hours
- 12 – 15's – 17.2 hours

- **Social networking**
- 8-11's – 18%
- 12-15's – 67%

- **Mobile phones**
- Voicecalls- 8-11's average 11 calls per week. 12-15's average 20 calls per week
- **Texting**
- 8-11's – 47 messages per week (ave.).
- 12-15's – 137 messages per week (ave.)

What are our kids doing online?

Highlights from the Ofcom 2014 Report:

- Smartphone ownership
- 5-7's – 2%
- 8-11's – 32%
- 12-15's – 78%

- Home Internet use
- 5-7's – 88%
- 8-11's – 91%
- 12-15's – 94%

- Gaming devices
- 5-7's – 78%
- 8-11's – 91%
- 12-15's – 89%

(Ofcom 2014)

3 to 5 year olds – what are they up to?

- 2% own a Smartphone
- 40% have access to a tablet at home
- 7.2 hours online in a typical week
- 6.8 hours of gaming in a typical

(Ofcom 2014)

5 -7 year olds
what they're up to...

- 20% own a Smartphone
- 75% have access to a tablet
- 10.5 hours online in a typical week
- 8% of children who go online say that they experience something nasty or offensive

(Ofcom 2014 Report)

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Technologies?

- Skype

- Social networking

- Online gaming

- Mobile technology

Social Networking

Can I be your friend?

Social Networking Sites

Think about or discuss with your neighbour, types of social media

Social Networking Sites

Club Penguin
Moshi Monsters
Facebook
Twitter
Instagram
BEBO
Flickr
Snapchat
Ask FM
YouTube
Chat roulette
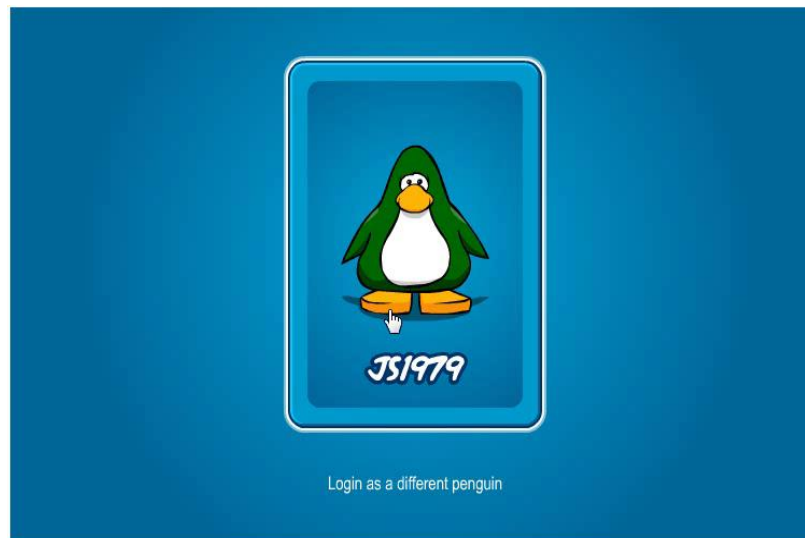Yik Yak

Messaging services

iMessage
WhatsApp
BBM
Skype

Social Networking Today

Social networking

- Social Networking sites are the 2nd most frequent mentioned area of abuse
  - Club Penguin
    - Designed for 6 to 14 – used by 5 to 7
  - Moshi Monsters
    - 7 to 12 year olds – used by 5 to 7. Played by 1 in 3 British Children
  - Bebo
  - Facebook
    - Aged 13 and over
  - Twitter

Social Media Today

Is being online the same as real life?

- Friends
  - School friends
  - Friends of friends
  - People who have an interesting profile
- Opportunities for people to be unkind

Is my child too young to have a Facebook account?

• Help set up their profile

• Add your email as the main contact (if possible)

• Set the privacy settings to "friends" only and ensure they are children you know

• Become a friend on Facebook

• Check in and keep updated

Staying Safe on Facebook

1. Only accept friends you know
2. Never share your password
3. Don't get personal
4. Use privacy settings
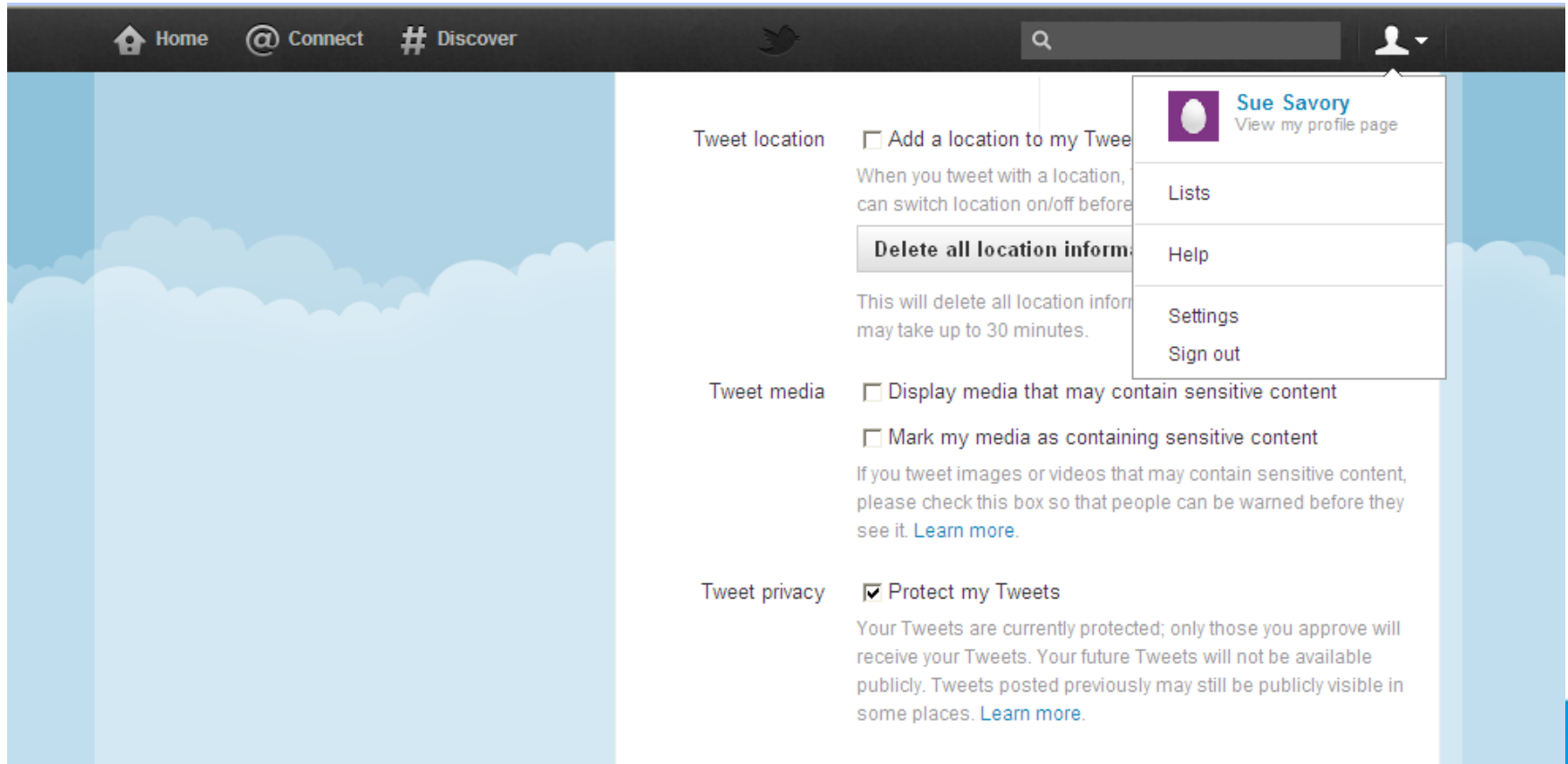5. Don't react to bullies – delete, block and report

How to stay safe on Twitter

- Use a strong password.
- Watch out for suspicious links, and always make sure you're on Twitter.com before you enter your login information.
- Use HTTPS for improved security.
- Don't give your username and password out to untrusted third-parties, especially those promising to get you followers or make you money.
- Make sure your computer and operating system is up-to-date with the most recent patches, upgrades, and anti-virus software.

Changing settings on Twitter

To Enable You Tube Safety Mode

1. Log in to your Google or Youtube account.
2. Go to the YouTube.com site in your web browser.
3. Click on the "Safety" button near the bottom of the YouTube homepage.
4. Click the "On" button. If you receive a message after clicking the on button that says "You can lock the Safety Mode setting after you sign in" then you are not logged into Google / YouTube. Click the "sign in" link if needed.
5. Check the box that says "Lock safety mode on this browser".
6. Click the "Save" button. After you've clicked the save button, the page you were on will reload and you will see a banner near the top of the page that shows a check mark with the words "Successfully enabled Safety Mode" next to it.
7. IMPORTANT!! In order to prevent your child from just turning safety mode off, you must log out of your Google / YouTube account by clicking your username link in the top right-hand corner of the browser window. This will effectively lock the setting in for the browser you are using, preventing your child from disabling Safety Mode. You will need to repeat this process for all other web browsers that are on your computer (i.e. Firefox, Safari, etc).

Enable YouTube Safety Mode on Your Mobile Device

Safety Mode may also be available on your mobile device's YouTube app. Check the settings area of the mobile app to see if it is an option. The process for locking the feature should be similar to the process above.

Setting Parental Controls on YouTube
https://www.youtube.com/watch?v=u00yKwGFpS0

321 Teen Chat - Free teen chat rooms for ages 13...

321 Teen Chat

looking for someone?

I am a: [girl] looking for: [guy] between:

321 CHAT

Nickname [londongurl]

[Connect]

- Personals Directory
- ChatRoom Directory
- Dating Sites
- Cool Sites

Chat Rooms (Free)
Chat with Singles in your Postcode, Enter Free Adult Chatrooms. Chat with our 15 UK Singles Chat Rooms Here!

Free Chat Rooms
Free Adult Chatrooms, Chat with our 15 million members.

Welcome to possibly the best free chat for teens online, 321 Teen Chat. There are always hundreds of teens to chat with in countless free chat rooms. Create a room of your choice and invite your friends in to chat with you. Teenagers from all over the world are here waiting to talk to you. The number of 13 to 19 year old chatters in our rooms are growing each day. No registration required, just be 13-19 years of age. Then simply enter the chat host name / handle you want to use in the login box above and click on the connect button.

ChitChatting.Com
Free Teen Chat Rooms

True Dating
Personals and Chat Rooms

| Student.Com | Chat | Teen Chat | 321 Lively Chat |

| 321 ChatCave | Gay Teen Chat | Kid Chat |
| Contact Us | Link To 321 Teen Chat | Chat Room Rules |

FREE Chat Rooms

321 Teen Chat is quickly becoming one of the more logged teen chat rooms. Please help us continue to grow by telling all your friends about us. Chat in our chat lobby or create a public chat room of your own. We want you create can be about anything, from "action home room" to a "teen celebrity gossip". Put an odd screen to represent you while you chat and its our audible to be others know a little about yourself. Remember a stay safe and not give out personal information such as where you live or your phone number, not everyone is who they say. Please be respectful of other chatters, select an appropriate nickname to use in the chat room, do not use your real name. You must be at least thirteen years old to participate in the chat rooms here.

Lively net

Chat

- 67.4% of reports of Internet abuse relate to chat rooms

- 21% of children surveyed as part of Thinkuknow (TUK) cited chat rooms / instant messenger as their favourite online activity

Mobile technology

Functionality of SmartPhones?

The ability to:

- Browse the internet   Take photos and film
- Use location services   Calendar
- Email   Message
- Take and share notes   Telephone
- WiFi

Risks Associated

Location Services

Access to unwanted internet sites

Text messaging

Social networking (including location aware apps)

The immediacy of photos

How to 'police' internet usage on handheld devices e.g. smartphones and
How to set up mobile devices with limited content suitable for children

http://support.apple.com/en-gb/HT201304

IOS device restrictions

Apps for Android devices
MobileMinder (www.mobileminder.com)
Netaddictfree (http://netaddictfree.com/UK))
Qustodio (http://qustodio.com/

TeenSafe

Tracks social media and texting

Some parent apps can actually monitor how fast someone is driving or moving in a vehicle as a passenger

Online gaming

- Top 10 online game operators in Asia earned over $2bn last year
- Web games:
  - World of War Craft
  - Runescape
  - Everquest
  - Swordsman Online
  - Mini Clip

- Games consoles (Xbox 360, Playstation 3, Wii)
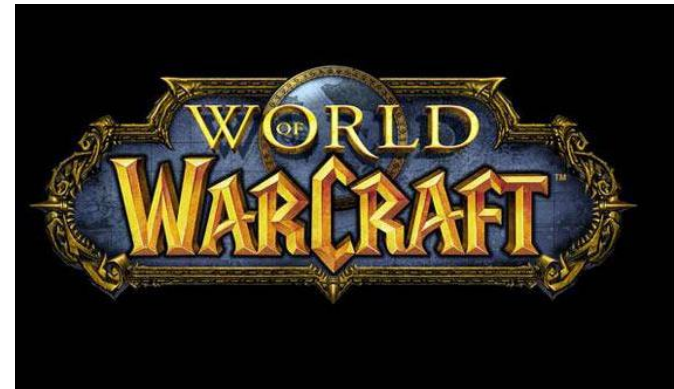
Games Consoles

- There are controls on all the main games consoles

Cyberbullying

What is Cyberbullying?

How and where can you be Cyberbullied?
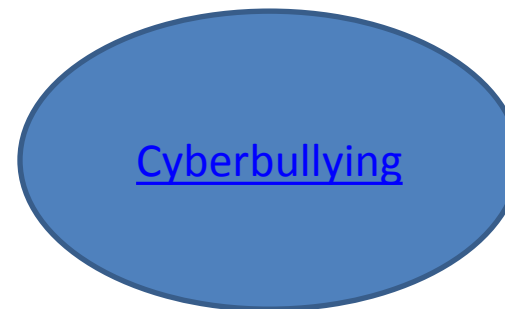
Cyberbullying

Cyberbullying is?

- Email
  - Forwarding comments
- Social networking sites
  - Profiles and adding comments
- Instant messenger and chat
- Mobile phones
  - Abusive texts
- Interactive gaming
  - On line chat
- Sending viruses
- Abusing personal information
  - Posting personal information

What is Cyberbullying?

"Bullying which is carried out through an internet service such as email, chat room, discussion group or instant messaging or text messaging ..."

Statistics:

1769 11-16 year old young people were surveyed over an 18 month period in England.

Of these, **1064** or **60%** have been bullied

Of those young people:

- 10% were bullied for more than a year
- 16% were bullied everyday
- 5% were bullied 2 or 3 times a week

What protection?

- Until you think your child is mature enough to deal with the Internet; restrict access

- Offer reassurance and support. Don't be afraid to ask questions

- Tell your child that if they are being bullied to always keep the evidence

- Block the bullies

- Learn how to report and where to go for further support

Generally

- Screen shot the abuse

- Changing the online name

- Never use a real name on a chat room

- Use an Avatar rather than a photo of

- Advise a child to tell an adult – parent or teacher

- Don't retaliate

- Use the Report Abuse Button

Being Bullied on a Mobile Phone?

- Change your SIM card only give out the number to family and friends

- Keep the message in your inbox and take a note of time and date

- Report to your mobile phone company

- This is a criminal offense – report to the Police

Inappropriate websites

What does the 'inappropriate' mean in your house?

Hampshire
County Council

Not age appropriate:

➢ Violence

➢ Racial Hate

➢ Pro eating disorders

➢ Gambling

➢ Pornographic

PEGI (The Pan-European Game Information age rating system) was established in 2003 to help European parents make informed choices

Violence - Game contains depictions of violence

Discrimination - Game contains depictions of, or material which may encourage, discrimination

Sex - Game depicts nudity and/or sexual behaviour or sexual references

Drugs - Game refers to or depicts the use of drugs

Fear - Game may be frightening or scary for young children

Bad Language - Game contains bad language

Grooming

What is online grooming?

What does an online friend mean to your child? Is it the same for you?

- Talk to your child about online grooming

- Talk to them about their online friends

- Let your child know that you are always there for support and you understand how easy it is for things to get out of control online

- Learn how to report any inappropriate contact made to your child online

Report suspected online grooming – this could sexual chat, a child being asked to do something that makes them feel uncomfortable or someone insisting on meeting up .

www.ceop.police.uk

24 hour confidential helpline for children and young people .

General Advice

Controlling Content on a Smart TV

(I haven't managed to test this because I haven't got access to a SMART TV – I hope it works)

- Set up a You tube account on your computer (if you don't have an account)
- Once signed in, set your security features (see slide 22)
- Next open your Youtube app on your TV, and sign in.
- The TV should give you a code to associate your Youtube account with your TV.
- Go back to your computer and enter the code in your Youtube account (it should direct you to where this has to be done).

The only other way, would be blocking content for the whole TV using the Security settings from the TV's menu, which will block all content.

Set controls on:

- ➢ Computers
- ➢ Laptops
- ➢ Tablets
- ➢ Mobile devices
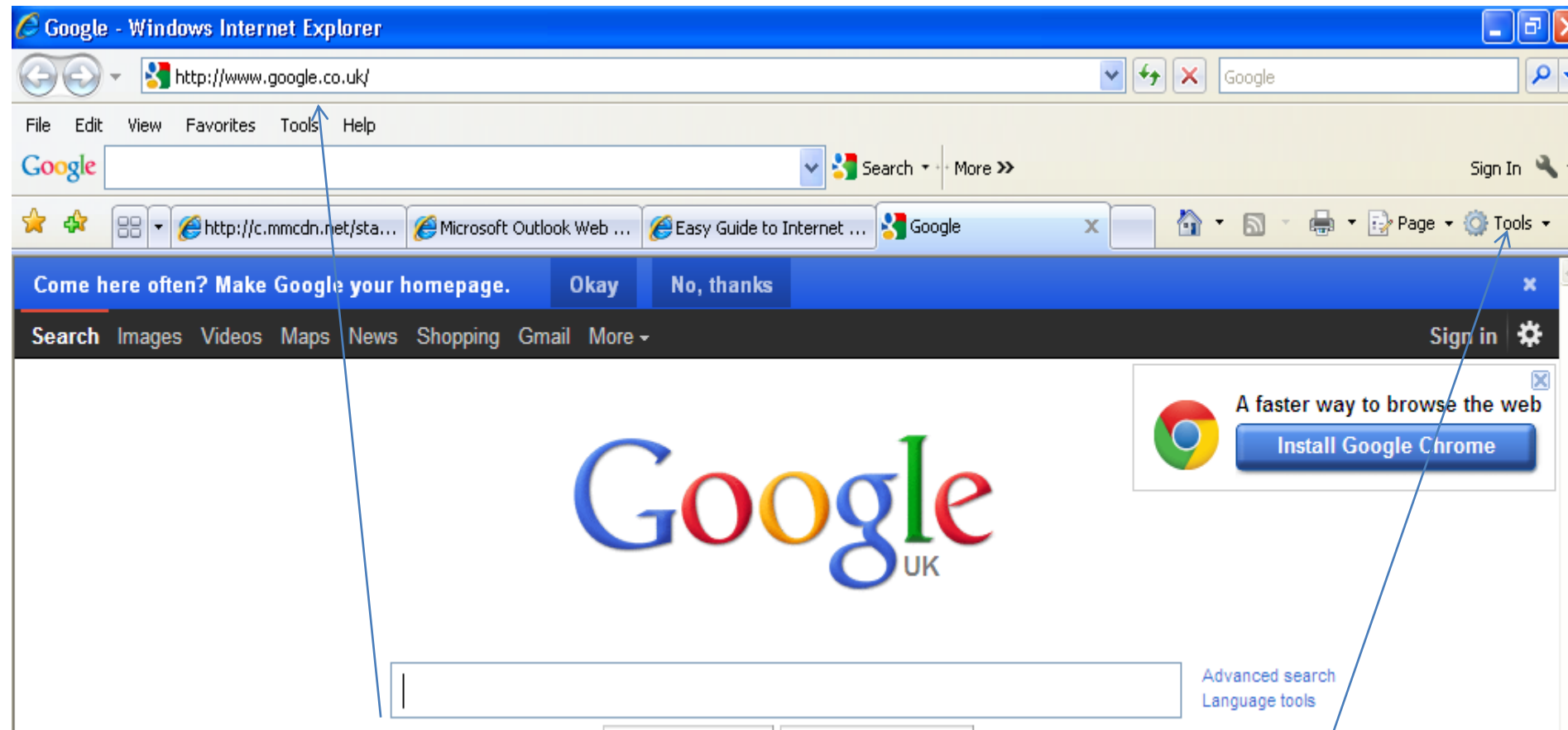- ➢ Games Consoles
- ➢ ALL internet enabled devices

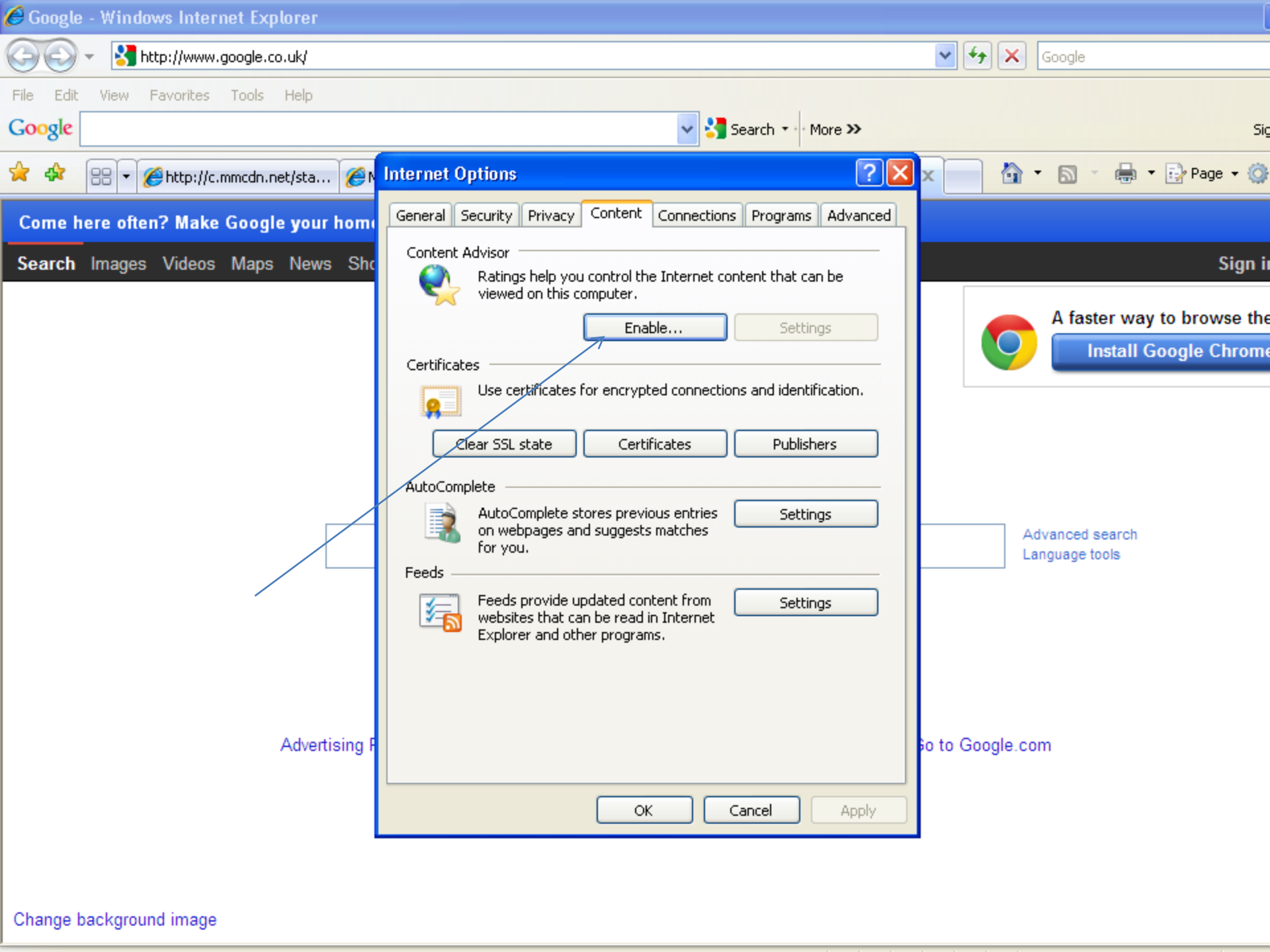Set on all devices that link to the internet

Remember... they are not 100% accurate and not a substitute for open communication!

Parental Controls on the Internet

- Internet Explorer

- What about the router?

http://www.google.co.uk/

Google

File   Edit   View   Favorites   Tools   Help

Google   Search ▾   More »   Sig

http://c.mmcdn.net/sta...

Come here often? Make Google your hom

Search   Images   Videos   Maps   News   Sho   Sign i

A faster way to browse the

Install Google Chrome

Internet Options

General | Security | Privacy | Content | Connections | Programs | Advanced

Content Advisor

Ratings | Approved Sites | General | Advanced

Select a category to view the rating levels:

ICRA3
   Content that creates fear, intimidation, etc.
   Content that sets a bad example for young children
   Depiction of alcohol use
   Depiction of drug use
   Depiction of gambling

Adjust the slider to specify what users are allowed to see:
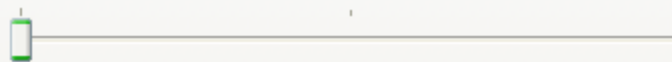
None

Description

No content that creates feelings of fear, intimidation, etc. in any context

To view the Internet page for this rating service, click More Info.

More Info

OK   Cancel   Apply

Advertising P   Google.com

Advanced search
Language tools

Change background image

How much use is appropriate at Primary School (KS1)

Discuss

Setting Boundaries

- Set limits on the amount of time your child spends online – set timings
- Make sure your child takes regular screen breaks
- Make sure your child thinks before they share pictures of videos online
- Make sure your child thinks carefully about what they write before they post it online
- Make sure your child doesn't give out personal details to people they don't know and trust
- Limit inappropriate and block illegal material
- Make sure your child knows to come to you if they are concerned about something
- Monitor activity
- Sometimes things go wrong – Falling in the playground?

View age appropriate animations and films at - *www.thinkuknow.co.uk/parents*
www.youtube.com/ceop

5-7

Lee and Kim's Adventure: Animal Magic
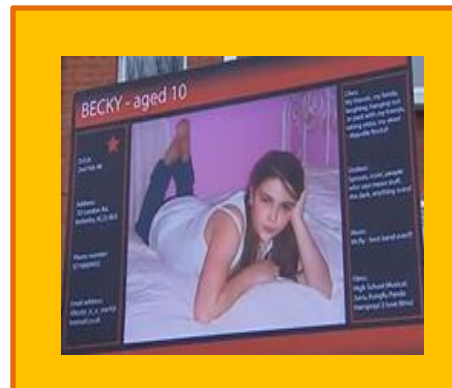➢ Animation – Be nice to people, like you would in the playground

8-10

Jigsaw
➢ 10 minute film about Safe Social Networking

http://www3.hants.gov.uk/childrens-services/schoolsandcolleges/esafety/esafety-parentscarers.htm

Windows Live | Bing

What's New | Profile | Mail | Photos | Calendar | MSN | Share

Translate page | Text to translate | Translate | Define | Tools

Enter search term... | Search | Grammar Check | Weather Search | Cooler Air Invades Northeast in Wak...

Microsoft Outlook Web Access | Independent Schools Council... | Parents/carers

Hantsweb

Hantsweb Home | A-Z Services | Contact us | Help | Search

You are here → hantsweb home

E-Safety in Hampshire

Children's Services homepage

E-safety information for parents and carers

Information for parents and carers about safeguarding and protecting your children from the potential risks of online and mobile communications.

Anti-bullying | **Guidance** | **Social media**

Anti-bullying

> [Hampshire County Council's anti-bullying webpages](#) - This is a website that provides information about bullying and what is being done in Hampshire to address it.

> [Cyber Mentoring](#) - This is a website that provides information about kids helping kids online.

Useful links

[Children's Services - family information](#)

Boo...

5-7?   8-10?   11-16?   Parent? Carer?   Teacher? Trainer?

CEOP

11-16?
www.thinkuknow.co.uk/11_16/

Welcome to CEOP's think[...]bsite

CLICK CEOP
Advice Help Report

Think before you send

Watch 'exposed'

Come in to find the latest information on the sites you like to visit, mobiles and new technology. Find out what's good, what's not and what you can do about it. If you look after young people there's an area for you too – with resources you can use in the classroom, at home or just to get with it. Most importantly, there's also a place which anyone can use to report if they feel uncomfortable or worried about someone they are chatting to online. All the information here is brought to you by the team at the **Child Exploitation and Online Protection (CEOP) Centre**. We hope you like it!

Do you have a Facebook profile?   Protect yourself   Protect your mates   ClickCEOP is now on Facebook

Useful Websites

www.childnet.com

www.thinkuknow.co.uk

www.kidsmart.org.uk

www.childnet.com/resources

www.**safe**rinternet.org.uk

www.nspcc.org.uk

www.lgfl.net

www.hants.gov.uk/esafety