

# Kings Worthy Primary School Newsletter



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Date: 19th June 2020

Newsletter number: 36

## Dear Parent/Carers

### Sporting News!

Over the last few weeks, the children, both at home and at school, have been involved in the Daily Challenge. Hampshire School Games normally run an annual school games event and this year it was due to be held in Aldershot. While this has sadly been postponed, Hampshire Sports Games Co-ordinators have been working hard to encourage children at home and school to remain active.

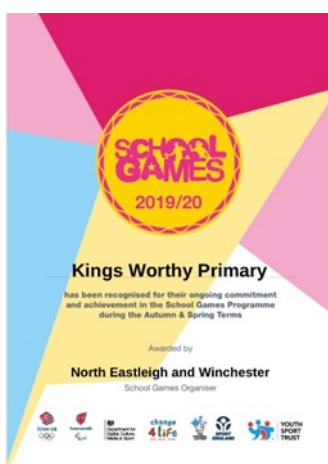
The children, particularly at school, have taken part in a range of fun and unusual activities from creating sequences of gymnastic balances to 'Bottle Flipping' circuit training. This term, Kings Worthy Primary School have received a virtual Gold and Bronze award, coming first across the Winchester and North Eastleigh District back in May. A special mention must go out to Jesse P in Year 5, who has taken part in every daily challenge so far. Great Job Jesse!

Daily Challenges are sent out each week for those at home and school to take part in. If your child would like to take part, simply download the instruction sheet and go for it. Scores should be sent in to the school office by Friday of each week. Videos of each activity and also further information can be found here:

Twitter: [@SGO\\_new](https://twitter.com/SGO_new)

Facebook: [@sgo.new](https://www.facebook.com/sgo.new)

Instagram: challenges only (no videos): [@sgo\\_new](https://www.instagram.com/sgo_new)



"I have really enjoyed taking part in the challenges. The challenges are so different and we can have lots of fun trying to improve our scores." (Hali - Year 3)

"I have been taking part in the daily challenge with my Year 6 bubble. The children and I have loved taking part in the challenges. Everyone has an opportunity to excel. A nice addition to our day." (Miss Aldridge)

### Move over Joe Wicks

Continuing with the sporting theme with the news that Joe Wicks is about to end his daily PE classes, we at Kings Worthy Primary School are very lucky to have a ready-made replacement! Since the beginning of lock down, Josh Green from 5S has been holding his own online weekly exercise class for children to help them keep fit and to add a bit of variety to the week. The 35-minute session, that Josh plans with his mum the evening before, includes exercises such as jumping jacks, burpees, squats and press ups to name a few. Josh aims to keep everyone moving whilst having fun - as you can see from the photo! The exercise class runs every Wednesday at 11.30am if anyone fancies giving it a go!



### Year R

Here are some brilliant Woodland Walk face designs made by some of the children in year R this week! Even Miss Eggleston made one – although she decided not to share hers as the year R children did a much better job! Well done to Isabel, Sophie, Dexter, Adam, Casper, Alana, Oliver M, Nathan, Lucy and Dottie.



### Ducks

Our ducks continue to be a source of inspiration each day for the children. A huge thank you to Mr Carr for everything he has done to make their accommodation as good as it can be.

Also, a thank you to all of our sponsors. We couldn't do it without you.

## **Amazing Art**

This week we had lots of fun in art. On Tuesday we practised colour mixing using just the primary colours and we had to try and make as many different shades as we could. It is amazing how many different colours you can make! On Thursday, we went into the Woodland Walk and did a scavenger hunt where we had to try and find as many different natural materials as we could that matched the colours on our sheet. It was surprising how many different colours you can find when you look hard enough!

*(written by Sophie – year 6)*



## **Year 4 Camp!**

Watch out Year 4 because on Friday 3<sup>rd</sup> July, Mrs Gaunt and Miss Aldridge will be sending out information to hold your own camp at home. There will be lots of fun activities and tasks for you to do at home that day and throughout the evening. You will receive more information from them soon!

## **Lunch**

We would like to remind you that we are a nut free school. This is especially important at this time whilst the children are eating lunch in their classrooms. We have a number of children with allergies currently in school and we ask that you take care when packing your child's lunch for the day. Having also noticed a recent increase in the amount of unhealthy snacks coming into school, we ask that you pack healthy snacks where possible.

Jamie Dodson

**Headteacher**