

Body Measurements - Metric and Imperial

I can measure in centimetres and convert to inches.

You could measure yourself for this activity or work with a friend. Find the length of the measurements shown in the chart in centimetres, then convert your measurements to inches. There are spaces for you to add your own measurements of different parts of the body.

1 centimetre = 0.4 inches

	Measurement (centimetres)	Measurement (inches)
length of foot		
length of longest finger		
circumference of head		
length from elbow to longest finger		
distance around waist		

