

Kings Worthy

Primary School

Newsletter



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Dear Parents and Carers

Pumpkin Walk Reminder

Next week sees the return of the pumpkin walk. Please bring them in on the morning of **Wednesday 23rd October** so that Mr Carr and Mr Barnes can arrange the pumpkins enabling us to safely enjoy this annual experience together in the Woodland Walk.

I have attached some pictures from previous years to remind you of the incredible designs.



Year 6 Trip to Winchester



This week, Year 6 enjoyed a local trip to Winchester. Our morning began with a walking tour around the city where we learned lots of interesting facts and found out about how the laws changed throughout the years.

Raf: "The tour was fun and interesting because I learnt lots of things that I didn't know before."



Isabelle: "I learnt so many new things about Winchester and the day was an experience I'll never forget."

In the afternoon, we went to The Winchester Law Courts and re-enacted our own mock trial. The children were all allocated a role and worked incredibly well as a team; whether it was as a member of the jury, the defence or prosecution or as a witness. After hearing all of the evidence, the children found the defendant guilty and our judge (Toby) had to decide the sentence. Unfortunately, we were not allowed to take any pictures inside and so won't be able to share any images of the children wearing the barrister's wig much to their delight.

Charlotte B: "I thought it was a great experience and I learnt so much about the law."

Emmy: "I enjoyed it so much and I felt like I was a real barrister; it was incredible!"

Bea: "I loved that we acted out real roles in a courtroom and that I got to say whether we found the defendant guilty or not."

Violet: "I really enjoyed learning about the different roles in a courtroom and what it would be like if we ever went to court (as a member of the jury or a barrister, not because we've done something wrong!)."

Year 6 Outdoor Day

On Thursday, Year 6 enjoyed a morning in the Woodland Walk. The morning started off with a fire where the children roasted their own marshmallow before making it into a s'more. After our morning treat, we then re-enacted the story of King Mahendra and then performed to another group. To finish off our morning, they created a concentric circle out of things found in the Woodland Walk and placed those they felt had influenced them most as a leader towards the centre of the circle and then added the qualities that person had.



Antoni: "I was Gordon Ramsay cooking my marshmallow."

Annabel: "It was fun to watch other people roast marshmallows."

Charlotte M: "It was fun to act out a story with our friends."

Clara: "It was very funny watching people put on accents." Emma: "I loved acting out the story – we had lots of fun!"



Orienteering

On Tuesday children in Years 1 – 6 took part in a high-energy orienteering competition day where they competed in a variety of challenges using the latest orienteering timing technology. The children had great fun running around the school grounds trying to complete the various trails as quickly as possible.

Emmy: "It was extremely hard yet fun. I loved how we could help the Year 1s."

Teo: "It's quite hard to describe, but I liked the electric orienteering part with the scanners."



Maths Shed

Only one more week until we determine this half term's individual and class winners! Well done to 6C making it back on to the leader board! Our individual winners are still claiming their spots. I wonder if we can have any new individuals on our leader board next week?



Classes

1st Place – 5S

2nd Place – 3S

3rd Place – 6C

Individuals

1st Place – Zachary, Year 5

2nd Place – Isobel, Year 5

3rd Place – Max, Year 3

(written by Mrs Williamson)

Spelling Shed

Well done to **6C** for another week at the top of the leader's board. They were closely followed by 3S and 5S. Well done to Violet, Felix and Vlad for some very impressive scores on Spelling Shed this week (they achieved combined scores of over 40 million points!). Keep up the good work.



Classes

1st Place – 6C

2nd Place – 3S

3rd Place – 5S

Individuals

1st Place – Violet, Year 6

2nd Place – Felix, Year 2

3rd Place – Vlad, Year 5

(Written by Mrs Cowling)

Secondary School Application Reminder

Just a reminder, for those of you who have children who are currently in **Year 6** and are entering Year 7 in September 2025, the **closing date** for secondary school applications is **Thursday 31st October 2024**. It is vital that you apply before the deadline as late applications will not be considered until after all on-time applications.

Packed Lunches

Just a reminder to not bring nut products into school, this includes foods such as pesto and houmous which are made with nuts. Many thanks for your support with this.

Reminder

Don't forget that our last day of the half term is **Friday 25th October**. Our return to school is **Monday 4th November**.


Family Thrive

The guide below has been given to us by Thrive with some suggestions for parental self-care.

Survival Kit for Parents and Carers

As a parent or carer, it is important to look after yourself so you are better able to support your children. Try these simple but effective ideas designed to help you look after your wellbeing.

Let's help every child



Have some fun
Try something you wouldn't normally do, such as karaoke, a quiz night for friends or an online dance class.

Time for you
Spend 1 hour at the weekend doing something just for you. This could be something you have been meaning to watch, read or cook for some time.

Laugh
Limit how much news you watch or listen to, look at something that makes you laugh instead!

Be positive
Write short positive notes to yourself and leave them where you can see them.

Feel good
Wear a new outfit or something that makes you feel special – do your make-up or wear your favourite perfume or aftershave.

Show gratitude
Write a thank you text or note to someone who has helped you or you appreciate.

Reconnect
Phone, text or write to a friend you have lost touch with.

Be creative
Try drawing, making, or revamping something.

Exercise
Do some physical activity - go for a walk or bike ride, do some yoga or try an online class.

Structure
Ensure you have a good routine in place. Make a plan for the day with breaks and fun built in.

Do something familiar
Remember a hobby or an interest that you used to have as a child and start it again.

Breathe
Explore the power of breathing techniques. When things seem hectic, take 5 minutes to stare out of an open window or practice techniques outside.

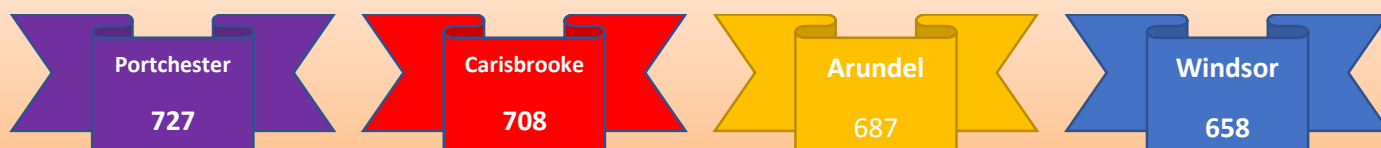
Seek help
Find help when you need it - it's ok to not be ok.

Stay regulated
Try to do a body scan at a quiet time in your day. Explore the impact this has on your wellbeing and see if you can build it into your routine.

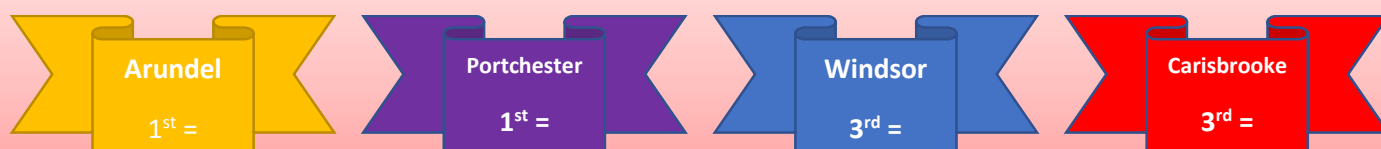
Self-appreciation
At the end of every day, think of 3 things that went well.

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House Points – Week Six



House Points – Termly Positions



Jamie Dodson
Headteacher